



XI TCO - LONGO - XI TCO - Percurso Longo

Recanto Rancho Verde 21.9.2024

Clube de Orientação Amigos dos Bombeiros

Luciano Puchalski

Clube de Orientação do Colégio Militar de
Brasília

Circuit : H60A

Distance : 5300m (Dénivelé 120m)

Temps : 2:21:25 (26'41"/km)

5/5

O.K.

[Résultats complets sur Webres](#)

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| 1. Erlei Antônio Zôrzo | 1:06:12 |
| 2. Paulo França Silva | 1:19:03 |
| 3. Marcos do Nascimento Assis | 1:25:59 |

1.	44	00:09:03		428m	21'09"/km
2.	63	00:09:32	00:18:35	565m	16'52"/km
3.	64	00:05:14	00:23:49	221m	23'41"/km
4.	65	00:16:26	00:40:15	284m	57'52"/km
5.	69	00:08:08	00:48:23	190m	42'48"/km
6.	34	00:10:28	00:58:51	422m	24'48"/km
7.	53	00:13:34	01:12:25	543m	24'59"/km
8.	32	00:03:08	01:15:33	91m	34'26"/km
9.	56	00:08:21	01:23:54	274m	30'28"/km
10.	36	00:12:26	01:36:20	348m	35'44"/km
11.	33	00:12:30	01:48:50	553m	22'36"/km
12.	50	00:05:08	01:53:58	229m	22'25"/km
13.	38	00:13:55	02:07:53	384m	36'14"/km
14.	46	00:10:05	02:17:58	534m	18'53"/km
15.	73	00:03:11	02:21:09	163m	19'32"/km
16.	999	00:00:16	02:21:25	90m	2'58"/km

Orienteering Software