



XI TCO - LONGO - XI TCO - Percurso Longo

Recanto Rancho Verde 21.9.2024

Clube de Orientação Amigos dos Bombeiros

João Pedro Mazzaro

Limite Extremo Clube de Orientação

Circuit : H45A

Distance : 6200m (Dénivelé 130m)

Temps : 1:41:16 (16'20"/km)

6/8

O.K.

[Résultats complets sur Webres](#)

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|-----------------------------|---------|
| 1. Roberto Alves Carrijo | 1:09:59 |
| 2. Rosemberg Bezerra Duarte | 1:20:15 |
| 3. Peter Cabrera Garibaldi | 1:24:34 |

1.	49	00:06:05		446m	13'38"/km
2.	57	00:02:29	00:08:34	177m	14'02"/km
3.	75	00:02:25	00:10:59	231m	10'28"/km
4.	62	00:07:36	00:18:35	340m	22'21"/km
5.	63	00:04:32	00:23:07	338m	13'25"/km
6.	65	00:11:08	00:34:15	354m	31'27"/km
7.	69	00:02:48	00:37:03	190m	14'44"/km
8.	55	00:03:03	00:40:06	229m	13'19"/km
9.	38	00:07:30	00:47:36	272m	27'34"/km
10.	53	00:06:25	00:54:01	453m	14'10"/km
11.	32	00:01:35	00:55:36	91m	17'24"/km
12.	56	00:04:29	01:00:05	274m	16'22"/km
13.	36	00:05:53	01:05:58	348m	16'54"/km
14.	33	00:06:43	01:12:41	553m	12'09"/km
15.	67	00:06:42	01:19:23	295m	22'43"/km
16.	34	00:05:33	01:24:56	449m	12'22"/km
17.	39	00:10:39	01:35:35	579m	18'24"/km
18.	70	00:01:16	01:36:51		
19.	46	00:02:40	01:39:31	183m	14'34"/km
20.	73	00:01:38	01:41:09	163m	10'01"/km
21.	999	00:00:07	01:41:16	90m	1'18"/km

Orienteering Software