



XI TCO - LONGO - XI TCO - Percurso Longo

Recanto Rancho Verde 21.9.2024

Clube de Orientação Amigos dos Bombeiros

Alvaro Vieira Dos Santos Neto

Clube de Orientação Amigos dos
Bombeiros

Omloop : H35B

Afstand : 4100m (Hoogteverschil 90m)

Tijd : 1:40:30 (24'31"/km)

4/5

O.K.

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|------------------------------|---------|
| 1. Weliton Batista Frambolz | 0:49:41 |
| 2. Juliano Costa Freitas | 1:18:20 |
| 3. Alexandre Macedo Carvalho | 1:19:30 |

1.	44	00:08:23		428m	19'35"/km
2.	55	00:06:59	00:15:22	463m	15'05"/km
3.	38	00:12:28	00:27:50	272m	45'50"/km
4.	48	00:06:01	00:33:51	196m	30'42"/km
5.	53	00:06:08	00:39:59	366m	16'45"/km
6.	33	00:13:48	00:53:47	307m	44'57"/km
7.	50	00:09:36	01:03:23	229m	41'55"/km
8.	34	00:03:50	01:07:13	214m	17'55"/km
9.	69	00:07:36	01:14:49	422m	18'01"/km
10.	74	00:04:51	01:19:40	242m	20'02"/km
11.	70	00:15:39	01:35:19	536m	29'12"/km
12.	46	00:02:44	01:38:03	183m	14'56"/km
13.	73	00:02:18	01:40:21	163m	14'07"/km
14.	999	00:00:09	01:40:30	90m	1'40"/km

Orienteering Software