

Régionale 9 parcours

Plainevaux 22.9.2024

CO Liège

Colin VENDRIX

O.L.G. St. Vith ARDOC

Omloop : H:Rouge Long

Afstand : 5910m (Hoogteverschil 130m)

Tijd : 2:15:50 (22'59"/km)

5/9

O.K.

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- | | |
|------------------------|---------|
| 1. Vladav VUJAKLIJA | 1:14:38 |
| 2. Kevin MIEVIS | 1:19:59 |
| 3. Thierry VANSTRAELEN | 1:27:53 |

1.	154	00:04:39		601m	7'44"/km
2.	155	00:03:59	00:08:38	201m	19'49"/km
3.	156	00:05:33	00:14:11	319m	17'24"/km
4.	157	00:02:23	00:16:34	198m	12'02"/km
5.	112	00:12:37	00:29:11	328m	38'28"/km
6.	158	00:14:29	00:43:40	415m	34'54"/km
7.	159	00:00:39	00:44:19	96m	6'46"/km
8.	105	00:03:05	00:47:24	191m	16'09"/km
9.	113	00:01:58	00:49:22	123m	15'59"/km
10.	127	00:02:35	00:51:57	142m	18'12"/km
11.	88	00:00:25	00:52:22		
12.	108	00:02:19	00:54:41		
13.	128	00:08:32	01:03:13	229m	37'16"/km
14.	84	00:09:06	01:12:19	370m	24'36"/km
15.	115	00:02:57	01:15:16	199m	14'49"/km
16.	130	00:10:00	01:25:16	173m	57'48"/km
17.	133	00:03:42	01:28:58	138m	26'49"/km
18.	132	00:03:01	01:31:59	160m	18'51"/km
19.	161	00:01:35	01:33:34	96m	16'30"/km
20.	131	00:01:13	01:34:47	55m	22'07"/km
21.	162	00:01:59	01:36:46	90m	22'02"/km
22.	129	00:21:56	01:58:42	367m	59'46"/km
23.	134	00:07:26	02:06:08	281m	26'27"/km
24.	75	00:04:44	02:10:52	278m	17'02"/km
25.	136	00:02:39	02:13:31	188m	14'06"/km
26.	165	00:01:09	02:14:40	243m	4'44"/km
27.	999	00:01:10	02:15:50	201m	5'48"/km

Orienteering Software