

Régionale 9 parcours

Plainevaux 22.9.2024

CO Liège

Marc JAMSIN

CO Liège

Circuit : H:Noir moyen

Distance : 5940m (Dénivelé 115m)

Temps : 1:35:17 (16'02"/km)

21/30

O.K.

[Résultats complets sur Webres](#)

- | | |
|---------------------------|---------|
| 1. Rudy ROOMAN | 0:53:54 |
| 2. Jean-Manuel VERPOORTEN | 1:01:31 |
| 3. Gérald SOUWEINE | 1:01:37 |

1.	87	00:02:37		252m	10'23"/km
2.	111	00:02:28	00:05:05	194m	12'43"/km
3.	155	00:13:32	00:18:37	409m	33'05"/km
4.	112	00:02:27	00:21:04	176m	13'55"/km
5.	157	00:04:33	00:25:37	328m	13'52"/km
6.	156	00:02:37	00:28:14	198m	13'13"/km
7.	158	00:04:22	00:32:36	222m	19'40"/km
8.	78	00:02:31	00:35:07	202m	12'28"/km
9.	89	00:03:35	00:38:42	226m	15'51"/km
10.	113	00:02:49	00:41:31	225m	12'31"/km
11.	90	00:02:03	00:43:34	174m	11'47"/km
12.	127	00:04:18	00:47:52	222m	19'22"/km
13.	82	00:08:44	00:56:36	364m	24'00"/km
14.	128	00:03:42	01:00:18	96m	38'32"/km
15.	83	00:05:18	01:05:36	327m	16'12"/km
16.	115	00:03:16	01:08:52	277m	11'48"/km
17.	162	00:01:43	01:10:35	180m	9'32"/km
18.	131	00:01:31	01:12:06	90m	16'51"/km
19.	161	00:01:28	01:13:34	55m	26'40"/km
20.	130	00:04:43	01:18:17	324m	14'33"/km
21.	116	00:01:07	01:19:24	127m	8'48"/km
22.	85	00:03:39	01:23:03	364m	10'02"/km
23.	91	00:04:26	01:27:29	268m	16'33"/km
24.	136	00:04:59	01:32:28	202m	24'40"/km
25.	165	00:01:26	01:33:54	243m	5'54"/km
26.	999	00:01:23	01:35:17	201m	6'53"/km

Orienteering Software