

Régionale 9 parcours

Plainevaux 22.9.2024

CO Liège

Raf MAES

hamok

Percurso : H:Noir moyen

Distancia : 5940m (Desnivel 115m)

Tempo : 1:28:52 (14'58"/km)

16/30

O.K.

[Resultados completos em Webres](#)

1.	Rudy ROOMAN	0:53:54
2.	Jean-Manuel VERPOORTEN	1:01:31
3.	Gérald SOUWEINE	1:01:37

1.	87	00:02:25		252m	9'35"/km
2.	111	00:02:19	00:04:44	194m	11'56"/km
3.	155	00:04:51	00:09:35	409m	11'51"/km
4.	112	00:02:15	00:11:50	176m	12'47"/km
5.	157	00:04:03	00:15:53	328m	12'21"/km
6.	156	00:02:09	00:18:02	198m	10'52"/km
7.	158	00:02:48	00:20:50	222m	12'37"/km
8.	78	00:01:44	00:22:34	202m	8'35"/km
9.	89	00:03:37	00:26:11	226m	16'00"/km
10.	113	00:08:50	00:35:01	225m	39'16"/km
11.	90	00:01:55	00:36:56	174m	11'01"/km
12.	127	00:02:52	00:39:48	222m	12'55"/km
13.	82	00:04:05	00:43:53	364m	11'13"/km
14.	128	00:05:19	00:49:12	96m	55'23"/km
15.	83	00:04:03	00:53:15	327m	12'23"/km
16.	115	00:03:10	00:56:25	277m	11'26"/km
17.	162	00:02:08	00:58:33	180m	11'51"/km
18.	131	00:00:59	00:59:32	90m	10'56"/km
19.	161	00:04:01	01:03:33	55m	73'02"/km
20.	130	00:03:34	01:07:07	324m	11'00"/km
21.	116	00:01:46	01:08:53	127m	13'55"/km
22.	85	00:04:12	01:13:05	364m	11'32"/km
23.	91	00:06:01	01:19:06	268m	22'27"/km
24.	136	00:07:47	01:26:53	202m	38'32"/km
25.	165	00:01:10	01:28:03	243m	4'48"/km
26.	999	00:00:49	01:28:52	201m	4'04"/km

Orienteering Software