

Régionale 9 parcours

Plainevaux 22.9.2024

CO Liège

Noah BACKES

O.L.G. St. Vith ARDOC

Percorso : H:Noir long

Distancia : 8200m (Desnivel 125m)

Tempo : 1:23:41 (10'12"/km)

3/11

O.K.

[Resultados completos em Webres](#)

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|--------------------|---------|
| 1. Alain MAZY | 1:07:07 |
| 2. Nicolas SPILERS | 1:19:56 |

1.	125	00:03:12		475m	6'44"/km
2.	104	00:04:01	00:07:13	383m	10'29"/km
3.	92	00:01:40	00:08:53	179m	9'19"/km
4.	123	00:02:31	00:11:24	291m	8'39"/km
5.	93	00:02:26	00:13:50	398m	6'07"/km
6.	94	00:06:57	00:20:47	245m	28'22"/km
7.	95	00:04:16	00:25:03	306m	13'57"/km
8.	120	00:01:13	00:26:16	109m	11'10"/km
9.	97	00:02:13	00:28:29	178m	12'27"/km
10.	98	00:03:25	00:31:54	271m	12'36"/km
11.	99	00:02:16	00:34:10	182m	12'27"/km
12.	112	00:07:43	00:41:53	974m	7'55"/km
13.	157	00:03:38	00:45:31	328m	11'05"/km
14.	158	00:05:18	00:50:49	417m	12'43"/km
15.	159	00:00:30	00:51:19	96m	5'12"/km
16.	78	00:00:49	00:52:08	106m	7'42"/km
17.	79	00:03:11	00:55:19	343m	9'17"/km
18.	88	00:02:03	00:57:22	212m	9'40"/km
19.	82	00:03:47	01:01:09	327m	11'34"/km
20.	84	00:03:20	01:04:29	347m	9'36"/km
21.	162	00:03:20	01:07:49	368m	9'03"/km
22.	132	00:00:51	01:08:40	66m	12'53"/km
23.	130	00:02:16	01:10:56	234m	9'41"/km
24.	129	00:01:48	01:12:44	152m	11'51"/km
25.	85	00:03:12	01:15:56	311m	10'17"/km
26.	135	00:04:24	01:20:20	322m	13'40"/km
27.	136	00:01:27	01:21:47	144m	10'04"/km
28.	165	00:01:06	01:22:53	243m	4'32"/km
29.	999	00:00:48	01:23:41	201m	3'59"/km

Orienteering Software