

Régionale 9 parcours

Plainevaux 22.9.2024

CO Liège

Laure JAMSIN

CO Liège

Circuit : D:Noir moyen

Distance : 5940m (Dénivelé 115m)

Temps : 1:21:25 (13'42"/km)

7/16

O.K.

[Résultats complets sur Webres](#)

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|------------------|---------|
| 1. Aline HERMANS | 0:56:15 |
| 2. Anaïs MAZY | 1:03:17 |
| 3. Odile MONFORT | 1:13:04 |

1.	87	00:02:45		252m	10'55"/km
2.	111	00:02:55	00:05:40	194m	15'02"/km
3.	155	00:04:29	00:10:09	409m	10'58"/km
4.	112	00:02:38	00:12:47	176m	14'58"/km
5.	157	00:06:52	00:19:39	328m	20'56"/km
6.	156	00:02:26	00:22:05	198m	12'17"/km
7.	158	00:02:52	00:24:57	222m	12'55"/km
8.	78	00:02:20	00:27:17	202m	11'33"/km
9.	89	00:02:36	00:29:53	226m	11'30"/km
10.	113	00:02:26	00:32:19	225m	10'49"/km
11.	90	00:03:31	00:35:50	174m	20'13"/km
12.	127	00:03:13	00:39:03	222m	14'29"/km
13.	82	00:08:34	00:47:37	364m	23'32"/km
14.	128	00:01:26	00:49:03	96m	14'56"/km
15.	83	00:05:31	00:54:34	327m	16'52"/km
16.	115	00:02:45	00:57:19	277m	9'56"/km
17.	162	00:01:51	00:59:10	180m	10'17"/km
18.	131	00:01:17	01:00:27	90m	14'16"/km
19.	161	00:01:09	01:01:36	55m	20'55"/km
20.	130	00:04:27	01:06:03	324m	13'44"/km
21.	116	00:01:11	01:07:14	127m	9'19"/km
22.	85	00:03:56	01:11:10	364m	10'48"/km
23.	91	00:03:12	01:14:22	268m	11'56"/km
24.	136	00:04:31	01:18:53	202m	22'22"/km
25.	165	00:01:26	01:20:19	243m	5'54"/km
26.	999	00:01:06	01:21:25	201m	5'28"/km

Orienteering Software