

# Régionale 9 parcours

## Plainevaux 22.9.2024

### CO Liège

**Isabelle BELANGER**

Pégase CO

Circuit : D:Noir très long

Distance : 9730m (Dénivelé 205m)

Temps : 2:36:13 (16'03"/km)

1/2

O.K.

[Résultats complets sur Webres](#)

2. Gelica DALON

3:15:27

|     |     |                   |      |           |
|-----|-----|-------------------|------|-----------|
| 1.  | 77  | 00:03:41          | 361m | 10'12"/km |
| 2.  | 125 | 00:02:01 00:05:42 | 136m | 14'50"/km |
| 3.  | 155 | 00:06:17 00:11:59 | 310m | 20'16"/km |
| 4.  | 104 | 00:01:29 00:13:28 | 73m  | 20'19"/km |
| 5.  | 159 | 00:04:26 00:17:54 | 280m | 15'50"/km |
| 6.  | 158 | 00:04:31 00:22:25 | 96m  | 47'03"/km |
| 7.  | 157 | 00:07:13 00:29:38 | 417m | 17'18"/km |
| 8.  | 112 | 00:06:05 00:35:43 | 328m | 18'33"/km |
| 9.  | 99  | 00:11:23 00:47:06 | 974m | 11'41"/km |
| 10. | 98  | 00:02:21 00:49:27 | 182m | 12'55"/km |
| 11. | 97  | 00:03:32 00:52:59 | 271m | 13'02"/km |
| 12. | 120 | 00:03:52 00:56:51 | 178m | 21'43"/km |
| 13. | 95  | 00:01:49 00:58:40 | 109m | 16'40"/km |
| 14. | 94  | 00:06:54 01:05:34 | 306m | 22'33"/km |
| 15. | 93  | 00:03:15 01:08:49 | 245m | 13'16"/km |
| 16. | 123 | 00:03:15 01:12:04 | 398m | 8'10"/km  |
| 17. | 92  | 00:03:33 01:15:37 | 291m | 12'12"/km |
| 18. | 89  | 00:05:34 01:21:11 | 287m | 19'24"/km |
| 19. | 78  | 00:03:17 01:24:28 | 226m | 14'32"/km |
| 20. | 90  | 00:05:01 01:29:29 | 348m | 14'25"/km |
| 21. | 88  | 00:03:28 01:32:57 | 251m | 13'49"/km |
| 22. | 81  | 00:06:38 01:39:35 | 352m | 18'51"/km |
| 23. | 128 | 00:02:07 01:41:42 | 102m | 20'45"/km |
| 24. | 84  | 00:05:39 01:47:21 | 370m | 15'16"/km |
| 25. | 130 | 00:04:05 01:51:26 | 315m | 12'58"/km |
| 26. | 132 | 00:04:44 01:56:10 | 234m | 20'14"/km |
| 27. | 162 | 00:01:45 01:57:55 | 66m  | 26'31"/km |
| 28. | 137 | 00:04:53 02:02:48 | 267m | 18'17"/km |
| 29. | 138 | 00:01:44 02:04:32 | 98m  | 17'41"/km |
| 30. | 161 | 00:04:42 02:09:14 | 280m | 16'47"/km |
| 31. | 133 | 00:04:40 02:13:54 | 224m | 20'50"/km |
| 32. | 129 | 00:04:04 02:17:58 | 165m | 24'39"/km |
| 33. | 134 | 00:06:52 02:24:50 | 281m | 24'26"/km |
| 34. | 91  | 00:04:10 02:29:00 | 216m | 19'17"/km |
| 35. | 75  | 00:01:25 02:30:25 | 64m  | 22'08"/km |
| 36. | 136 | 00:03:08 02:33:33 | 188m | 16'40"/km |

|     |     |          |          |      |          |
|-----|-----|----------|----------|------|----------|
| 37. | 165 | 00:01:19 | 02:34:52 | 243m | 5'25"/km |
| 38. | 999 | 00:01:21 | 02:36:13 | 201m | 6'43"/km |

