



Treinamento da Eqp Militar de Orientação do Brasil - 4º Méd

Serra do Lenheiro 24.9.2024

CDE

Bianca

CDE

Circuit : D21E

Distance : 4500m (Dénivelé 160m)

Temps : 1:06:23 (14'45"/km)

2/7

O.K.

[Résultats complets sur Webres](#)

1. Marnet	1:02:32
3. Mariana	1:06:48

1.	31	00:02:09		180m	11'57"/km
2.	90	00:04:42	00:06:51	216m	21'46"/km
3.	88	00:02:02	00:08:53	145m	14'01"/km
4.	33	00:04:53	00:13:46	300m	16'17"/km
5.	34	00:02:32	00:16:18	113m	22'25"/km
6.	36	00:06:03	00:22:21	193m	31'21"/km
7.	85	00:03:10	00:25:31	300m	10'33"/km
8.	84	00:02:55	00:28:26	179m	16'18"/km
9.	83	00:03:57	00:32:23	311m	12'42"/km
10.	79	00:03:57	00:36:20	280m	14'06"/km
11.	82	00:02:04	00:38:24	127m	16'16"/km
12.	78	00:02:26	00:40:50	294m	8'17"/km
13.	77	00:01:41	00:42:31	281m	5'59"/km
14.	37	00:03:50	00:46:21	246m	15'35"/km
15.	36	00:04:58	00:51:19	258m	19'15"/km
16.	35	00:01:43	00:53:02	158m	10'52"/km
17.	33	00:04:32	00:57:34	203m	22'20"/km
18.	32	00:05:52	01:03:26	328m	17'53"/km
19.	91	00:01:55	01:05:21	211m	9'05"/km
20.	999	00:01:02	01:06:23	163m	6'20"/km

Orienteering Software