



XI TCO - Percurso MÉDIO

Recanto Rancho Verde 22.9.2024

Clube de Orientação Amigos dos Bombeiros

João Pedro Mazzaro

Limite Extremo Clube de Orientação

Circuit : H45A

Distance : 3700m (Dénivelé 75m)

Temps : 0:50:32 (13'39"/km)

6/8

O.K.

[Résultats complets sur Webres](#)

- | | |
|-----------------------------|---------|
| 1. Roberto Alves Carrijo | 0:41:50 |
| 2. Peter Cabrera Garibaldi | 0:46:53 |
| 3. Rosemberg Bezerra Duarte | 0:47:01 |

1.	34	00:03:58		473m	8'23"/km
2.	39	00:04:04	00:08:02	248m	16'24"/km
3.	43	00:04:25	00:12:27	338m	13'04"/km
4.	42	00:03:16	00:15:43	209m	15'38"/km
5.	35	00:02:51	00:18:34	187m	15'14"/km
6.	38	00:02:40	00:21:14	228m	11'42"/km
7.	47	00:06:50	00:28:04	319m	21'25"/km
8.	37	00:05:56	00:34:00	357m	16'37"/km
9.	60	00:04:07	00:38:07	224m	18'23"/km
10.	52	00:07:48	00:45:55	495m	15'45"/km
11.	55	00:01:30	00:47:25	185m	8'06"/km
12.	73	00:03:00	00:50:25	388m	7'44"/km
13.	999	00:00:07	00:50:32	96m	1'13"/km

HELGA

Orienteering Software