



TRAIL RUN PARADISE - ETAPA 4

RECANTO VERDE 22.9.2024

TRAIL RUN PARADISE

Felipão E Neto

MUTUM

Course : 12 KM DUPLA MASCULINA

Distance : 11500m (Climbing 360m)

Time : 1:14:02,296 (6'26"/km)

5/16

O.K.

[Full result on Webres](#)

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|--------------------|-------------|
| 1. Cloves E Rafael | 0:57:49,746 |
| 2. Moura/william | 1:02:43,179 |
| 3. Os Sonhadores | 1:07:47,734 |

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|----|-----|----------|----------|-------|----------|--------------------------|
| 1. | 74 | 00:54:51 | | 8300m | 6'37"/km | RETORNO 12KM - H2O |
| 2. | 75 | 00:11:28 | 01:06:19 | 2200m | 5'13"/km | RETORNO 6KM - REENCONTRO |
| 3. | 999 | 00:07:43 | 01:14:02 | 1100m | 7'01"/km | CHEGADA |

