



TRAIL RUN PARADISE - ETAPA 4

RECANTO VERDE 22.9.2024

TRAIL RUN PARADISE

Os Sonhadores

FOGO CORREDOR

Course : 12 KM DUPLA MASCULINA

Distance : 11500m (Climbing 360m)

Time : 1:07:47,734 (5'54"/km)

3/16

O.K.

[Full result on Webres](#)

- | | |
|--------------------|-------------|
| 1. Cloves E Rafael | 0:57:49,746 |
| 2. Moura/william | 1:02:43,179 |

1.	74	00:50:00		8300m	6'01"/km	RETORNO 12KM - H2O
2.	75	00:11:30	01:01:30	2200m	5'14"/km	RETORNO 6KM - REENCONTRO
3.	999	00:06:17	01:07:47	1100m	5'43"/km	CHEGADA

