



# TRAIL RUN PARADISE - ETAPA 4

## RECANTO VERDE 22.9.2024

### TRAIL RUN PARADISE

**Pedro Ivo Bezerra Da Silva Ivo**

I9FITNESS

Course : 12 KM SOLO MASCULINO 40-49

Distance : 11500m (Climbing 360m)

Time : 1:19:01,050 (6'52"/km)

**7/16**

O.K.

[Full result on Webres](#)

- |                                  |             |
|----------------------------------|-------------|
| 1. Jose Adriano                  | 1:02:40,152 |
| 2. Edilson Pereira               | 1:03:59,203 |
| 3. Davi Oliveira Conceição Gomes | 1:04:53,046 |

- |    |     |          |          |       |          |                          |
|----|-----|----------|----------|-------|----------|--------------------------|
| 1. | 74  | 00:58:48 |          | 8300m | 7'05"/km | RETORNO 12KM - H2O       |
| 2. | 75  | 00:12:07 | 01:10:55 | 2200m | 5'30"/km | RETORNO 6KM - REENCONTRO |
| 3. | 999 | 00:08:06 | 01:19:01 | 1100m | 7'22"/km | CHEGADA                  |

