



TRAIL RUN PARADISE - ETAPA 4

RECANTO VERDE 22.9.2024

TRAIL RUN PARADISE

Hugo / Rodolfo

CACTUS

Omloop : 6 KM DUPLA MASCULINA

Afstand : 6700m (Hoogteverschil 300m)

Tijd : 1:27:43,050 (13'06"/km)

17/18

O.K.

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|-------------------------------|-------------|
| 1. Corre Paixão/corre Soldado | 0:34:40,925 |
| 2. Fabrício E Gabriel | 0:43:00,679 |
| 3. Júnior/ribeiro | 0:46:32,363 |

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|----|-----|-------------------|-------|----------|--------------------------|
| 1. | 75 | 00:49:25 | 5600m | 8'49"/km | RETORNO 6KM - REENCONTRO |
| 2. | 999 | 00:07:18 00:56:43 | 1100m | 6'38"/km | CHEGADA |

