



TRAIL RUN PARADISE - ETAPA 4

RECANTO VERDE 22.9.2024

TRAIL RUN PARADISE

Ha

SEM EXTRESSE

Omloop : 6 KM DUPLA MISTA

Afstand : 6700m (Hoogteverschil 300m)

Tijd : 2:12:52,910 (19'50"/km)

27/28

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|-------------------------|-------------|
| 1. Taty E Xande | 0:48:45,089 |
| 2. Ana Vitoria E Junior | 0:50:16,101 |
| 3. Mari E Lucas | 0:54:42,804 |

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|----|-----|----------|----------|-----------|--------------------------|---------|
| 1. | 75 | 01:52:50 | 5600m | 20'09"/km | RETORNO 6KM - REENCONTRO | |
| 2. | 999 | 00:20:02 | 02:12:52 | 1100m | 18'13"/km | CHEGADA |

