



TRAIL RUN PARADISE - ETAPA 4

RECANTO VERDE 22.9.2024

TRAIL RUN PARADISE

Nathan E Jô Mello

MUTUM

Omloop : 6 KM DUPLA MISTA

Afstand : 6700m (Hoogteverschil 300m)

Tijd : 1:01:55,273 (9'14"/km)

10/28

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|-------------------------|-------------|
| 1. Taty E Xande | 0:48:45,089 |
| 2. Ana Vitoria E Junior | 0:50:16,101 |
| 3. Mari E Lucas | 0:54:42,804 |

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|----|-----|----------|----------|----------|--------------------------|---------|
| 1. | 75 | 00:54:27 | 5600m | 9'43"/km | RETORNO 6KM - REENCONTRO | |
| 2. | 999 | 00:07:28 | 01:01:55 | 1100m | 6'47"/km | CHEGADA |

