



TRAIL RUN PARADISE - ETAPA 4

RECANTO VERDE 22.9.2024

TRAIL RUN PARADISE

Beatriz E Fabrícia

PANTERA RUNNING

Omloop : 6 KM DUPLA FEMININA

Afstand : 6700m (Hoogteverschil 300m)

Tijd : 1:27:44,226 (13'06"/km)

14/18

O.K.

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|--------------------|-------------|
| 1. Dani E Rosa | 0:50:49,710 |
| 2. Dara E Vanessa | 0:52:44,164 |
| 3. Rose E Clarisse | 1:04:07,312 |

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|----|-----|----------|----------|-----------|--------------------------|---------|
| 1. | 75 | 01:18:25 | 5600m | 14'00"/km | RETORNO 6KM - REENCONTRO | |
| 2. | 999 | 00:09:19 | 01:27:44 | 1100m | 8'28"/km | CHEGADA |

