



TRAIL RUN PARADISE - ETAPA 4

RECANTO VERDE 22.9.2024

TRAIL RUN PARADISE

Altamir Dos Santos Mascarenhas
Mascarenhas

VIDA CORRIDA

Circuit : 6 KM SOLO MASCULINO 60+

Distance : 6700m (Dénivelé 300m)

Temps : 1:00:34,121 (9'02"/km)

5/8

O.K.

[Résultats complets sur Webres](#)

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|--------------------------------------|-------------|
| 1. Milton Valdevino De Oliveira | 0:46:36,406 |
| 2. José Cícero Leite Da Silva Cícero | 0:48:46,281 |
| 3. José Euclides | 0:54:33,722 |

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|----|-----|-------------------|-------|----------|--------------------------|
| 1. | 75 | 00:52:37 | 5600m | 9'24"/km | RETORNO 6KM - REENCONTRO |
| 2. | 999 | 00:07:57 01:00:34 | 1100m | 7'14"/km | CHEGADA |

