



TRAIL RUN PARADISE - ETAPA 4

RECANTO VERDE 22.9.2024

TRAIL RUN PARADISE

Luciano Antônio Da Silva

ÁGUIA RENNER

Circuit : 6 KM SOLO MASCULINO 50-59

Distance : 6700m (Dénivelé 300m)

Temps : 0:45:40,582 (6'49"/km)

5/20

O.K.

[Résultats complets sur Webres](#)

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|--------------------------|-------------|
| 1. Ernande Alves De Lima | 0:38:26,945 |
| 2. Marcelo Carvalho | 0:39:34,804 |
| 3. Eronaldo Dos Santos | 0:40:37,628 |

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|----|-----|-------------------|-------|----------|--------------------------|
| 1. | 75 | 00:39:41 | 5600m | 7'05"/km | RETORNO 6KM - REENCONTRO |
| 2. | 999 | 00:05:59 00:45:40 | 1100m | 5'26"/km | CHEGADA |

