



TRAIL RUN PARADISE - ETAPA 4

RECANTO VERDE 22.9.2024

TRAIL RUN PARADISE

José Cláudio Dos Santos

PILAR RUNNING

Omloop : 6 KM SOLO MASCULINO 40-49

Afstand : 6700m (Hoogteverschil 300m)

Tijd : 0:56:57,140 (8'30"/km)

19/33

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|--------------------------------------|-------------|
| 1. Elias Rego Marques | 0:37:53,507 |
| 2. Joanathann Simões Souto De Moraes | 0:38:06,500 |
| 3. Ivanildo Dos Santos Silva Santos | 0:41:51,714 |

- | | | | | | | |
|----|-----|----------|----------|----------|--------------------------|---------|
| 1. | 75 | 00:49:20 | 5600m | 8'49"/km | RETORNO 6KM - REENCONTRO | |
| 2. | 999 | 00:07:37 | 00:56:57 | 1100m | 6'55"/km | CHEGADA |

