



TRAIL RUN PARADISE - ETAPA 4

RECANTO VERDE 22.9.2024

TRAIL RUN PARADISE

Valerio Jose Dos Santos

PANTERA RUNNING

Course : 6 KM SOLO MASCULINO 40-49

Distance : 6700m (Climbing 300m)

Time : 0:46:31,964 (6'57"/km)

9/33

O.K.

[Full result on Webres](#)

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|--------------------------------------|-------------|
| 1. Elias Rego Marques | 0:37:53,507 |
| 2. Joanathann Simões Souto De Moraes | 0:38:06,500 |
| 3. Ivanildo Dos Santos Silva Santos | 0:41:51,714 |

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|----|-----|----------|----------|----------|--------------------------|---------|
| 1. | 75 | 00:39:30 | 5600m | 7'03"/km | RETORNO 6KM - REENCONTRO | |
| 2. | 999 | 00:07:01 | 00:46:31 | 1100m | 6'23"/km | CHEGADA |

