



TRAIL RUN PARADISE - ETAPA 4

RECANTO VERDE 22.9.2024

TRAIL RUN PARADISE

William Mendonça De Mello

TRAIL RUN PARADISE

Circuit : 6 KM SOLO MASCULINO 30-39

Distance : 6700m (Dénivelé 300m)

Temps : 1:47:21,656 (16'01"/km)

28/29

O.K.

[Résultats complets sur Webres](#)

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|----------------------------------|-------------|
| 1. Eziel Gomes De Oliveira Filho | 0:36:53,960 |
| 2. Marcos Mendonça Da Silva | 0:37:43,097 |
| 3. José Allef De Melo Omena | 0:38:42,664 |

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|----|-----|----------|----------|-----------|--------------------------|---------|
| 1. | 75 | 01:31:56 | 5600m | 16'25"/km | RETORNO 6KM - REENCONTRO | |
| 2. | 999 | 00:15:25 | 01:47:21 | 1100m | 14'01"/km | CHEGADA |

