



TRAIL RUN PARADISE - ETAPA 4

RECANTO VERDE 22.9.2024

TRAIL RUN PARADISE

Josival Junior

@JJACESSORIOSMCZ

Omloop : 6 KM SOLO MASCULINO 30-39

Afstand : 6700m (Hoogteverschil 300m)

Tijd : 1:45:01,824 (15'40"/km)

27/29

O.K.

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- | | |
|----------------------------------|-------------|
| 1. Eziel Gomes De Oliveira Filho | 0:36:53,960 |
| 2. Marcos Mendonça Da Silva | 0:37:43,097 |
| 3. José Allef De Melo Omena | 0:38:42,664 |

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|----|-----|-------------------|-------|-----------|--------------------------|
| 1. | 75 | 01:33:12 | 5600m | 16'39"/km | RETORNO 6KM - REENCONTRO |
| 2. | 999 | 00:11:49 01:45:01 | 1100m | 10'45"/km | CHEGADA |

