



TRAIL RUN PARADISE - ETAPA 4

RECANTO VERDE 22.9.2024

TRAIL RUN PARADISE

Victor Hugo Lyra

GILDO COSTA ASSESSORIA

Omloop : 6 KM SOLO MASCULINO 30-39

Afstand : 6700m (Hoogteverschil 300m)

Tijd : 1:09:39,183 (10'24"/km)

22/29

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|----------------------------------|-------------|
| 1. Eziel Gomes De Oliveira Filho | 0:36:53,960 |
| 2. Marcos Mendonça Da Silva | 0:37:43,097 |
| 3. José Allef De Melo Omena | 0:38:42,664 |

- | | | | | | |
|----|-----|-------------------|-------|-----------|--------------------------|
| 1. | 75 | 00:59:47 | 5600m | 10'41"/km | RETORNO 6KM - REENCONTRO |
| 2. | 999 | 00:09:52 01:09:39 | 1100m | 8'58"/km | CHEGADA |

