



TRAIL RUN PARADISE - ETAPA 4

RECANTO VERDE 22.9.2024

TRAIL RUN PARADISE

Willams Rogeres

FOGO CORREDOR

Omloop : 6 KM SOLO MASCULINO 30-39

Afstand : 6700m (Hoogteverschil 300m)

Tijd : 0:51:42,859 (7'43"/km)

14/29

O.K.

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- | | |
|----------------------------------|-------------|
| 1. Eziel Gomes De Oliveira Filho | 0:36:53,960 |
| 2. Marcos Mendonça Da Silva | 0:37:43,097 |
| 3. José Allef De Melo Omena | 0:38:42,664 |

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|----|-----|----------|----------|----------|--------------------------|---------|
| 1. | 75 | 00:44:19 | 5600m | 7'55"/km | RETORNO 6KM - REENCONTRO | |
| 2. | 999 | 00:07:23 | 00:51:42 | 1100m | 6'43"/km | CHEGADA |

