



TRAIL RUN PARADISE - ETAPA 4

RECANTO VERDE 22.9.2024

TRAIL RUN PARADISE

Aldo

SEM EQUIPE

Course : 6 KM SOLO MASCULINO 30-39

Distance : 6700m (Climbing 300m)

Time : 0:47:52,425 (7'09"/km)

12/29

O.K.

[Full result on Webres](#)

- | | |
|----------------------------------|-------------|
| 1. Eziel Gomes De Oliveira Filho | 0:36:53,960 |
| 2. Marcos Mendonça Da Silva | 0:37:43,097 |
| 3. José Allef De Melo Omena | 0:38:42,664 |

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|----|-----|----------|----------|----------|--------------------------|
| 1. | 75 | 00:40:48 | 5600m | 7'17"/km | RETORNO 6KM - REENCONTRO |
| 2. | 999 | 00:07:04 | 00:47:52 | 1100m | 6'25"/km |
- CHEGADA

