

TRAIL RUN PARADISE - ETAPA 4

RECANTO VERDE 22.9.2024

TRAIL RUN PARADISE

Ewerton Escolastico

CARCARÁ ARAPIRACA RUNNING

Omloop : 6 KM SOLO MASCULINO 30-39

Afstand : 6700m (Hoogteverschil 300m)

Tijd : 0:44:27,199 (6'38"/km)

9/29

O.K.

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|----------------------------------|-------------|
| 1. Eziel Gomes De Oliveira Filho | 0:36:53,960 |
| 2. Marcos Mendonça Da Silva | 0:37:43,097 |
| 3. José Allef De Melo Omena | 0:38:42,664 |

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|----|-----|-------------------|-------|----------|--------------------------|
| 1. | 75 | 00:38:23 | 5600m | 6'51"/km | RETORNO 6KM - REENCONTRO |
| 2. | 999 | 00:06:04 00:44:27 | 1100m | 5'31"/km | CHEGADA |

