



TRAIL RUN PARADISE - ETAPA 4

RECANTO VERDE 22.9.2024

TRAIL RUN PARADISE

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KAMIKAZE ADVENTURE PILAR

Circuit : 6 KM SOLO MASCULINO 18-29

Distance : 6700m (Dénivelé 300m)

Temps : 0:39:13,558 (5'51"/km)

3/32

O.K.

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|----------------------------------|-------------|
| 1. MAX DUAN | 0:38:36,406 |
| 2. Cauã Jean Ferreira Dos Santos | 0:39:13,445 |

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|----|-----|----------|----------|----------|--------------------------|
| 1. | 75 | 00:34:00 | 5600m | 6'04"/km | RETORNO 6KM - REENCONTRO |
| 2. | 999 | 00:05:13 | 00:39:13 | 1100m | 4'45"/km |
- CHEGADA

