



TRAIL RUN PARADISE - ETAPA 4

RECANTO VERDE 22.9.2024

TRAIL RUN PARADISE

Larissa Rocha

LOUCOS ADVENTURE

Circuit : 6 KM SOLO FEMININO 40-49

Distance : 6700m (Dénivelé 300m)

Temps : 1:44:36,179 (15'37"/km)

25/39

O.K.

[Résultats complets sur Webres](#)

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|--------------------|-------------|
| 1. Laurice Samara | 0:55:07,230 |
| 2. Lucineide Souza | 0:57:29,148 |
| 3. Maria Guarino | 0:58:21,519 |

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|----|-----|----------|----------|-----------|--------------------------|---------|
| 1. | 75 | 01:31:25 | 5600m | 16'19"/km | RETORNO 6KM - REENCONTRO | |
| 2. | 999 | 00:13:11 | 01:44:36 | 1100m | 11'59"/km | CHEGADA |

