



TRAIL RUN PARADISE - ETAPA 4

RECANTO VERDE 22.9.2024

TRAIL RUN PARADISE

**Ana Maria Dos Santos Da Silva
Santos**

SUPERAÇÃO RUNNER

Omloop : 6 KM SOLO FEMININO 40-49

Afstand : 6700m (Hoogteverschil 300m)

Tijd : 1:19:12,796 (11'49"/km)

12/39

O.K.

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|--------------------|-------------|
| 1. Laurice Samara | 0:55:07,230 |
| 2. Lucineide Souza | 0:57:29,148 |
| 3. Maria Guarino | 0:58:21,519 |

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|----|-----|-------------------|-------|-----------|--------------------------|
| 1. | 75 | 01:07:16 | 5600m | 12'01"/km | RETORNO 6KM - REENCONTRO |
| 2. | 999 | 00:11:56 01:19:12 | 1100m | 10'51"/km | CHEGADA |

