



TRAIL RUN PARADISE - ETAPA 4

RECANTO VERDE 22.9.2024

TRAIL RUN PARADISE

Lucineide Souza

LIFESTYLE RUNNING ARAPIRACA

Circuit : 6 KM SOLO FEMININO 40-49

Distance : 6700m (Dénivelé 300m)

Temps : 0:57:29,148 (8'35"/km)

2/39

O.K.

[Résultats complets sur Webres](#)

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|-------------------|-------------|
| 1. Laurice Samara | 0:55:07,230 |
| 3. Maria Guarino | 0:58:21,519 |

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|----|-----|-------------------|-------|----------|--------------------------|
| 1. | 75 | 00:48:51 | 5600m | 8'43"/km | RETORNO 6KM - REENCONTRO |
| 2. | 999 | 00:08:38 00:57:29 | 1100m | 7'51"/km | CHEGADA |

