



TRAIL RUN PARADISE - ETAPA 4

RECANTO VERDE 22.9.2024

TRAIL RUN PARADISE

Sthefane Melo

SEM EQUIPE

Course : 6 KM SOLO FEMININO 30-39

Distance : 6700m (Climbing 300m)

Time : 1:41:44,828 (15'11"/km)

22/34

O.K.

[Full result on Webres](#)

- | | |
|---------------------------|-------------|
| 1. Gabriela Silva Barbosa | 0:58:30,863 |
| 2. Gil Silva | 1:03:00,425 |
| 3. Lidiane Silva | 1:04:56,710 |

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|----|-----|-------------------|-------|-----------|--------------------------|
| 1. | 75 | 01:27:53 | 5600m | 15'42"/km | RETORNO 6KM - REENCONTRO |
| 2. | 999 | 00:13:51 01:41:44 | 1100m | 12'35"/km | CHEGADA |

