

TRAIL RUN PARADISE - ETAPA 4

RECANTO VERDE 22.9.2024

TRAIL RUN PARADISE

Elisângela Oliveira

ASSESSORIA ALFA

Omloop : 6 KM SOLO FEMININO 30-39

Afstand : 6700m (Hoogteverschil 300m)

Tijd : 1:27:50,589 (13'07"/km)

15/34

O.K.

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- | | |
|---------------------------|-------------|
| 1. Gabriela Silva Barbosa | 0:58:30,863 |
| 2. Gil Silva | 1:03:00,425 |
| 3. Lidiane Silva | 1:04:56,710 |

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|----|-----|-------------------|-------|-----------|--------------------------|
| 1. | 75 | 01:16:21 | 5600m | 13'38"/km | RETORNO 6KM - REENCONTRO |
| 2. | 999 | 00:11:29 01:27:50 | 1100m | 10'26"/km | CHEGADA |

