



TRAIL RUN PARADISE - ETAPA 4

RECANTO VERDE 22.9.2024

TRAIL RUN PARADISE

Gabriela Gomes De Araújo Gomes

SUPERAÇÃO RUNNER

Omloop : 6 KM SOLO FEMININO 18-29

Afstand : 6700m (Hoogteverschil 300m)

Tijd : 1:10:45,695 (10'34"/km)

9/19

O.K.

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- | | |
|---------------------------------|-------------|
| 1. Elane Marques | 0:57:55,550 |
| 2. Háysa Nayara Carlos Patrício | 0:58:00,261 |
| 3. Wdirlene Vitória S Lamenha | 0:58:12,015 |

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|----|-----|-------------------|-------|-----------|--------------------------|
| 1. | 75 | 01:00:38 | 5600m | 10'50"/km | RETORNO 6KM - REENCONTRO |
| 2. | 999 | 00:10:07 01:10:45 | 1100m | 9'12"/km | CHEGADA |

