



TRAIL RUN PARADISE - ETAPA 4

RECANTO VERDE 22.9.2024

TRAIL RUN PARADISE

Wdirlene Vitória S Lamenha

PRAZA RUN

Circuit : 6 KM SOLO FEMININO 18-29

Distance : 6700m (Dénivelé 300m)

Temps : 0:58:12,015 (8'41"/km)

3/19

O.K.

[Résultats complets sur Webres](#)

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|---------------------------------|-------------|
| 1. Elane Marques | 0:57:55,550 |
| 2. Háysa Nayara Carlos Patrício | 0:58:00,261 |

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|----|-----|----------|----------|----------|--------------------------|
| 1. | 75 | 00:50:23 | 5600m | 9'00"/km | RETORNO 6KM - REENCONTRO |
| 2. | 999 | 00:07:49 | 00:58:12 | 1100m | 7'06"/km |
- CHEGADA

