



TRAIL RUN PARADISE - ETAPA 4

RECANTO VERDE 22.9.2024

TRAIL RUN PARADISE

Edinilson Oliveira

100 STRESS

Circuit : 12 KM SOLO MASCULINO

Distance : 11500m (Dénivelé 360m)

Temps : 1:19:00,500 (6'52"/km)

27/62

O.K.

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- | | |
|---------------------------|-------------|
| 1. Pita Ciclista Corredor | 0:52:58,316 |
| 2. Jackson Pereira | 0:54:38,304 |
| 3. Junior Carvalho | 0:54:41,878 |

1.	74	00:56:37		8300m	6'49"/km	RETORNO 12KM - H2O
2.	75	00:13:34	01:10:11	2200m	6'10"/km	RETORNO 6KM - REENCONTRO
3.	999	00:08:49	01:19:00	1100m	8'01"/km	CHEGADA

