



TRAIL RUN PARADISE - ETAPA 4

RECANTO VERDE 22.9.2024

TRAIL RUN PARADISE

Davi Oliveira Conceição Gomes

Fogo Corredor - Márcio Running

Assessoria

Omloop : 12 KM SOLO MASCULINO

Afstand : 11500m (Hoogteverschil 360m)

Tijd : 1:04:53,046 (5'39"/km)

12/62

O.K.

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- | | |
|---------------------------|-------------|
| 1. Pita Ciclista Corredor | 0:52:58,316 |
| 2. Jackson Pereira | 0:54:38,304 |
| 3. Junior Carvalho | 0:54:41,878 |

1.	74	00:46:44		8300m	5'38"/km	RETORNO 12KM - H2O
2.	75	00:10:40	00:57:24	2200m	4'51"/km	RETORNO 6KM - REENCONTRO
3.	999	00:07:29	01:04:53	1100m	6'48"/km	CHEGADA

