



TRAIL RUN PARADISE - ETAPA 4

RECANTO VERDE 22.9.2024

TRAIL RUN PARADISE

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KAMIKAZE ADVENTURE PILAR

Circuit : 12 KM SOLO FEMININO

Distance : 11500m (Dénivelé 360m)

Temps : 2:31:31,582 (13'11"/km)

31/37

O.K.

[Résultats complets sur Webres](#)

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|------------------------|-------------|
| 1. Leidivania Oliveira | 1:11:49,652 |
| 2. Edjane Silva | 1:12:45,367 |
| 3. Fátima Xavier | 1:12:45,785 |

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|----|-----|-------------------|-------|-----------|--------------------------|
| 1. | 74 | 01:57:31 | 8300m | 14'10"/km | RETORNO 12KM - H2O |
| 2. | 75 | 00:19:41 02:17:12 | 2200m | 8'57"/km | RETORNO 6KM - REENCONTRO |
| 3. | 999 | 00:14:19 02:31:31 | 1100m | 13'01"/km | CHEGADA |

