



TRAIL RUN PARADISE - ETAPA 4

RECANTO VERDE 22.9.2024

TRAIL RUN PARADISE

Nelbi Oliveira

SEXO FRÁGIL

Course : 12 KM SOLO FEMININO

Distance : 11500m (Climbing 360m)

Time : 1:46:24,406 (9'15"/km)

21/37

O.K.

[Full result on Webres](#)

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|------------------------|-------------|
| 1. Leidivania Oliveira | 1:11:49,652 |
| 2. Edjane Silva | 1:12:45,367 |
| 3. Fátima Xavier | 1:12:45,785 |

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|----|-----|----------|----------|-------|----------|--------------------------|
| 1. | 74 | 01:19:21 | | 8300m | 9'34"/km | RETORNO 12KM - H2O |
| 2. | 75 | 00:16:58 | 01:36:19 | 2200m | 7'43"/km | RETORNO 6KM - REENCONTRO |
| 3. | 999 | 00:10:05 | 01:46:24 | 1100m | 9'10"/km | CHEGADA |

