



TRAIL RUN PARADISE - ETAPA 4

RECANTO VERDE 22.9.2024

TRAIL RUN PARADISE

Ana Paula Da Silva Santos Santos

SUPERAÇÃO RUNNER

Strecke : 12 KM SOLO FEMININO

Länge : 11500m (Steigung 360m)

Zeit : 1:41:30,937 (8'50"/km)

17/37

O.K.

[Vollständige Ergebnisse auf Webres](#)

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|------------------------|-------------|
| 1. Leidivania Oliveira | 1:11:49,652 |
| 2. Edjane Silva | 1:12:45,367 |
| 3. Fátima Xavier | 1:12:45,785 |

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|----|-----|----------|----------|-------|----------|--------------------------|
| 1. | 74 | 01:16:46 | | 8300m | 9'15"/km | RETORNO 12KM - H2O |
| 2. | 75 | 00:15:32 | 01:32:18 | 2200m | 7'04"/km | RETORNO 6KM - REENCONTRO |
| 3. | 999 | 00:09:12 | 01:41:30 | 1100m | 8'22"/km | CHEGADA |

