



TRAIL RUN PARADISE - ETAPA 4

RECANTO VERDE 22.9.2024

TRAIL RUN PARADISE

Amanda Aléxia

KAMIKAZE ADVENTURE PILAR

Circuit : 12 KM SOLO FEMININO

Distance : 11500m (Dénivelé 360m)

Temps : 1:37:11,531 (8'27"/km)

13/37

O.K.

[Résultats complets sur Webres](#)

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|------------------------|-------------|
| 1. Leidivania Oliveira | 1:11:49,652 |
| 2. Edjane Silva | 1:12:45,367 |
| 3. Fátima Xavier | 1:12:45,785 |

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|----|-----|----------|----------|-------|----------|--------------------------|
| 1. | 74 | 01:12:06 | | 8300m | 8'41"/km | RETORNO 12KM - H2O |
| 2. | 75 | 00:15:46 | 01:27:52 | 2200m | 7'10"/km | RETORNO 6KM - REENCONTRO |
| 3. | 999 | 00:09:19 | 01:37:11 | 1100m | 8'28"/km | CHEGADA |

