



TRAIL RUN PARADISE - ETAPA 4

RECANTO VERDE 22.9.2024

TRAIL RUN PARADISE

Ana Vitoria E Junior

MUTUM CORREDORES

Omloop : 6 KM DUPLA MISTA

Afstand : 6700m (Hoogteverschil 300m)

Tijd : 0:50:16,101 (7'30"/km)

2/28

O.K.

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|-----------------|-------------|
| 1. Taty E Xande | 0:48:45,089 |
| 3. Mari E Lucas | 0:54:42,804 |

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|----|-----|-------------------|-------|----------|--------------------------|
| 1. | 75 | 00:43:02 | 5600m | 7'41"/km | RETORNO 6KM - REENCONTRO |
| 2. | 999 | 00:07:14 00:50:16 | 1100m | 6'35"/km | CHEGADA |

