



TRAIL RUN PARADISE - ETAPA 4

RECANTO VERDE 22.9.2024

TRAIL RUN PARADISE

Taty E Xande

LAGOAZEDA RUNNING

Omloop : 6 KM DUPLA MISTA

Afstand : 6700m (Hoogteverschil 300m)

Tijd : 0:48:45,089 (7'17"/km)

1/28

O.K.

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- | | |
|-------------------------|-------------|
| 2. Ana Vitoria E Junior | 0:50:16,101 |
| 3. Mari E Lucas | 0:54:42,804 |

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|----|-----|-------------------|-------|----------|--------------------------|
| 1. | 75 | 00:41:16 | 5600m | 7'22"/km | RETORNO 6KM - REENCONTRO |
| 2. | 999 | 00:07:29 00:48:45 | 1100m | 6'48"/km | CHEGADA |

