



TRAIL RUN PARADISE - ETAPA 4

RECANTO VERDE 22.9.2024

TRAIL RUN PARADISE

Polyana Silva / Cristiane Pinheiro

SEM EQUIPE

Omloop : 6 KM DUPLA FEMININA

Afstand : 6700m (Hoogteverschil 300m)

Tijd : 1:42:33,335 (15'18"/km)

17/18

O.K.

[Volledige uitslagen op Webres](#)

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|--------------------|-------------|
| 1. Dani E Rosa | 0:50:49,710 |
| 2. Dara E Vanessa | 0:52:44,164 |
| 3. Rose E Clarisse | 1:04:07,312 |

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|----|-----|----------|----------|-----------|--------------------------|---------|
| 1. | 75 | 01:30:15 | 5600m | 16'07"/km | RETORNO 6KM - REENCONTRO | |
| 2. | 999 | 00:12:18 | 01:42:33 | 1100m | 11'11"/km | CHEGADA |

