



TRAIL RUN PARADISE - ETAPA 4

RECANTO VERDE 22.9.2024

TRAIL RUN PARADISE

As Bobocas

GILDO ASSESSORIA

Circuit : 6 KM DUPLA FEMININA

Distance : 6700m (Dénivelé 300m)

Temps : 1:42:19,558 (15'16"/km)

16/18

O.K.

[Résultats complets sur Webres](#)

- | | |
|--------------------|-------------|
| 1. Dani E Rosa | 0:50:49,710 |
| 2. Dara E Vanessa | 0:52:44,164 |
| 3. Rose E Clarisse | 1:04:07,312 |

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|----|-----|-------------------|-------|-----------|--------------------------|
| 1. | 75 | 01:29:34 | 5600m | 16'00"/km | RETORNO 6KM - REENCONTRO |
| 2. | 999 | 00:12:45 01:42:19 | 1100m | 11'35"/km | CHEGADA |

