



TRAIL RUN PARADISE - ETAPA 4

RECANTO VERDE 22.9.2024

TRAIL RUN PARADISE

Dara E Vanessa

EQUIPE FORÇA E SUPERAÇÃO

Omloop : 6 KM DUPLA FEMININA

Afstand : 6700m (Hoogteverschil 300m)

Tijd : 0:52:44,164 (7'52"/km)

2/18

O.K.

[Volledige uitslagen op Webres](#)

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|--------------------|-------------|
| 1. Dani E Rosa | 0:50:49,710 |
| 3. Rose E Clarisse | 1:04:07,312 |

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|----|-----|----------|----------|----------|--------------------------|
| 1. | 75 | 00:45:00 | 5600m | 8'02"/km | RETORNO 6KM - REENCONTRO |
| 2. | 999 | 00:07:44 | 00:52:44 | 1100m | 7'02"/km |
- CHEGADA

