



TRAIL RUN PARADISE - ETAPA 4

RECANTO VERDE 22.9.2024

TRAIL RUN PARADISE

Lúcio Jorge Lamenha Lins Lins

AVULSO

Course : 6 KM SOLO MASCULINO

Distance : 6700m (Climbing 300m)

Time : 1:09:39,683 (10'24"/km)

100/122

O.K.

[Full result on Webres](#)

- | | |
|----------------------------|-------------|
| 1. Carlos André Dos Santos | 0:32:58,609 |
| 2. Lucas Ramos | 0:34:25,121 |
| 3. Elibelton | 0:35:48,367 |

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|----|-----|-------------------|-------|-----------|--------------------------|
| 1. | 75 | 01:00:14 | 5600m | 10'45"/km | RETORNO 6KM - REENCONTRO |
| 2. | 999 | 00:09:25 01:09:39 | 1100m | 8'34"/km | CHEGADA |

