



TRAIL RUN PARADISE - ETAPA 4

RECANTO VERDE 22.9.2024

TRAIL RUN PARADISE

Lucas Matheus Ferreira Da Silva

FORÇA E SUPERAÇÃO

Course : 6 KM SOLO MASCULINO

Distance : 6700m (Climbing 300m)

Time : 1:04:24,003 (9'37"/km)

83/122

O.K.

[Full result on Webres](#)

1. Carlos André Dos Santos	0:32:58,609
2. Lucas Ramos	0:34:25,121
3. Elibelton	0:35:48,367

1.	75	00:55:12	5600m	9'51"/km	RETORNO 6KM - REENCONTRO
2.	999	00:09:12 01:04:24	1100m	8'22"/km	CHEGADA

