



TRAIL RUN PARADISE - ETAPA 4

RECANTO VERDE 22.9.2024

TRAIL RUN PARADISE

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SEM EQUIPE

Omloop : 6 KM SOLO MASCULINO

Afstand : 6700m (Hoogteverschil 300m)

Tijd : 0:59:48,406 (8'56"/km)

70/122

O.K.

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|----------------------------|-------------|
| 1. Carlos André Dos Santos | 0:32:58,609 |
| 2. Lucas Ramos | 0:34:25,121 |
| 3. Elibelton | 0:35:48,367 |

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|----|-----|----------|----------|----------|--------------------------|
| 1. | 75 | 00:51:56 | 5600m | 9'16"/km | RETORNO 6KM - REENCONTRO |
| 2. | 999 | 00:07:52 | 00:59:48 | 1100m | 7'09"/km |
- CHEGADA

